

CLUB NEWS

Manchester Competition – more good progress and results

CONGRATULATIONS to all those who took part. We all had an early start to get to Manchester on time. It was a good venue and a relatively small competition so especially good experience for our newest competitors - and this was the first competition for most of our squad!

To repeat what I often say: taking part in a karate competition is a courageous thing to do. You are putting yourself up to be judged and to compete against others who want to win as well. It is a test of nerves and skill and really builds character. I am proud of all those who entered *just for challenging themselves and taking part.*

Of course, I am also proud of the performance on the day. For Amelie, it was her first external competition. She took part in the kata and kumite and did extremely well, improving in each round and even getting to the third place bout in kumite. She was a ray of sunshine, smiling all day.



It was the first competition for William too – all the more impressive given that he had only been training a few weeks with us. His enthusiasm is to his credit. He also did well and left with a third place medal in the kumite.

Denis built on his experience at the SSU competition and performed well in the kata and kumite. He improves on each occasion and is getting more competition savvy.

Caitlin is more experienced at competition – which served her well as she had some tough rounds and did very well earning second place in her kumite and could so easily have won.

This was Jamie's second competition. All his training paid off as he won first place in his kata and kumite sections with some impressive scores.



Charlie executed a very tidy kata and then went on to thrilling kumite bouts. He really stepped up to the challenge and we saw his true fighting spirit. A very good performance for his first-ever kumite competition and he can be proud of his performance.

Josh is of course our most experienced competitor. Again, a strong kata performance and a nerve-wracking kumite challenge. Although in the end the result did not go in his favour, he performed very strongly.

